



The Howard School

Newsletter

High Standards lead to High Achievement
Be Hardworking | Be Good | Be Kind

Welcome

Year 10 Football Team Crowned League Champions

The Year 10 Football Team have ended their league season in style, being crowned champions after an unbeaten run. In their final match, they delivered an outstanding performance with a 6-2 win over Victory, securing the title and proving themselves to be the strongest side in the competition.

The team have shown incredible commitment, teamwork and determination throughout the season. From the first whistle to the last, they've played with confidence and maturity beyond their years, consistently putting in solid performances and supporting each other both on and off the pitch.

This unbeaten run is something to be proud of and reflects the hard work put in during training and matches. It's not just about winning games, but about growing as a team – and this group has done exactly that.

There have also been some standout performances across the season, with several players showing great leadership and consistency. The whole squad deserves recognition for their efforts.

The team's focus now turns to the Medway Cup Final, where they'll be hoping to continue their impressive form and add more silverware to their season. We wish them the best of luck in the final and look forward to reporting more success soon.

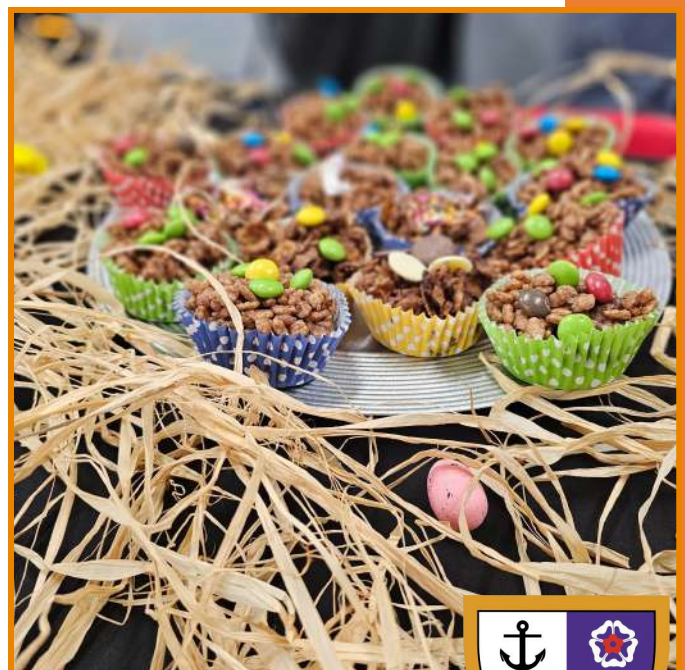


Earlier this week, our Sixth Form students came together to organise an Easter Bake Sale in The Gallery Theatre, with the aim of raising funds for both the school's chosen charities and their much-anticipated Sixth Form Prom. After weeks of planning, preparation, and plenty of baking, the event was a huge success, thanks to the hard work and enthusiasm of everyone involved.

The students showed incredible creativity and teamwork as they baked and donated a variety of sweet treats, from mouth-watering brownies to delicate cupcakes and biscuits. It was fantastic to see so many students come together for a common goal, supporting both their school community and local causes.

This event was a perfect example of how students can make a real difference through initiative and collaboration. The Bake Sale wasn't just about fundraising; it was about coming together as a community to support important causes and share in something special. It was a reminder of the positive impact our students can have when they take ownership of an idea and work hard to bring it to life.

We are incredibly proud of the Sixth Formers for their dedication and creativity. We hope that they raised plenty of money, and we look forward to hearing how the funds will be put to good use. Thank you to everyone who contributed to making the event such a success!



family
action

Do you have a baby in your family?

Wayfield Hub, Chatham, ME5 OHH
Tue 12.30-2.30

Virtual Group
Tue 9.30-11

Bligh Primary, Strood, ME2 2XJ
Thur 10-12

Join us for a **FREE** "understanding your baby" group.
Suitable for **ALL** mums, dads and carers of babies up to 6 months.



UNDERSTANDING YOUR CHILD



S O L I H U L L A P P R O A C H



Medway
Children and
Family Hubs

Medway
COUNCIL
Serving You

family
action

Drop-in Play Session

Wayfield Hub, Chatham, ME5 OHH
25 March, 1 April
12.30-2.30

Bligh Primary, Strood, ME2 2XJ
24 April, 1, 8, 15, 22 May
12.30-2.30

Parents & carers of non walking babies

Join us for a **FREE** drop-in, where you can enjoy a relaxed play session and connect with our team as well as other parents.



UNDERSTANDING YOUR CHILD



S O L I H U L L A P P R O A C H



Medway
Children and
Family Hubs

Medway
COUNCIL
Serving You

This term, we are thrilled to announce that an incredible **1,436 department certificates** have been awarded to students who have truly excelled in their studies and made outstanding progress. This is a phenomenal achievement, and it highlights the hard work, dedication, and effort that so many of you have put into your studies this term.

Whether it's through academic excellence, improvement, or contributions to class and school life, these certificates are a well-deserved recognition of your commitment to success. It's fantastic to see so many students being recognised for their achievements, and we hope it encourages even more of you to continue working hard and striving to do your best.

For those of you who have received a certificate, we hope you feel proud of your accomplishments and take this as a motivation to keep up the great work in the future. For everyone else, don't forget that every bit of effort counts, and there are plenty of opportunities to achieve and be recognised in the coming terms.

A huge congratulations to all those who have earned a certificate this term. We look forward to seeing even more achievements in the future! Keep pushing yourselves and aiming high!





OUR SAFEGUARDING TEAM

Principal Mr J Johal

safeguarding@thehowardschool.co.uk

Scan Me



MR S GREEN

Vice Principal
Designated Safeguarding
Lead

01634 388765 Ext: 3015



MS T MCCOMAS

Pastoral Support Manager
Deputy Safeguarding Lead

01634 388765 Ext: 3006

MRS J DEAKIN

Assistant Principal
Deputy Safeguarding Lead

01634 388765 Ext: 3030



MISS A MULROONEY

Assistant Principal
Safeguarding Officer

01634 388765 Ext: 3038



MR N LONGE

Senior Head of Year
Safeguarding Officer

01634 388765 Ext: 3036



MR B DABURN

Senior Head of Year
Safeguarding Officer

01634 388765 Ext: 3046

MRS S KEEGAN

Safeguarding Officer

01634 388765 Ext: 3009



Medway Council Children's Social Care can be contacted on 01634 334466
Medway's First response Service is 01634 334466: 24 hour emergency number is 0300 041919
Alternative telephone numbers where you have concerns about a child:
NSPCC: 08088 005000 - ChildLine: 0800 1111



After an incredibly successful term of supporting younger students with their reading, earlier in the week, our Sixth Formers took a well-deserved break from their usual sessions. Instead of diving into books, they spent the afternoon enjoying some fun and games with the younger students they have been mentoring throughout the term.



The **Reading Buddy Programme** has been a huge success this term, with our Sixth Formers offering invaluable support to younger students, helping them develop their reading skills, build confidence, and develop a love for books. Each week, Sixth Form students have been meeting with their assigned younger students, reading together, providing encouragement, and discussing stories. It's been a fantastic way for our older students to give back to the school community while also developing their own leadership and communication skills.



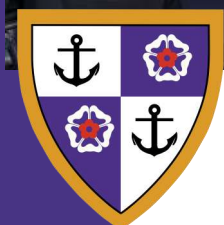
Earlier in the week, the games session was a great way for everyone to unwind and celebrate the hard work that has gone into the programme. The Sixth Formers enjoyed some friendly competition, while the younger students got the chance to relax and bond with their mentors outside the classroom setting. It was a fantastic afternoon of laughter, teamwork, and fun.



The impact of the programme has been clear, with many younger students showing noticeable improvements in their reading ability and confidence. Our Sixth Formers have not only helped the younger students grow but have also learned a lot themselves about patience, leadership, and the power of encouragement. It has truly been a rewarding experience for everyone involved.

We would like to thank our Sixth Form students for their dedication and commitment throughout the term. They have made a real difference in the lives of their younger peers, and we're looking forward to seeing even more progress and success in the future.

The Reading Buddy Programme will continue next term, and we are excited to see how our Sixth Formers will continue to inspire and support the next generation of readers.



House Events

Term 4



1st - 50
2nd - 40
3rd - 30
4th - 20
5th - 10

**Say what
you see!**



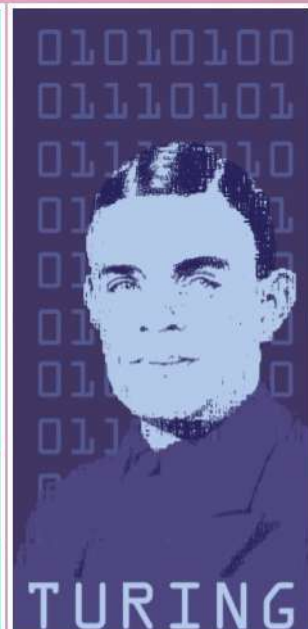
Year 7 - 18th March
Year 8 - 17th March
Year 9 - 19th March
Year 10 - 18th March



Year 7 - 26th February
Year 8 - 5th March
Year 9 - 12th March
Year 10 - 19th March

HOUSE ROWING

To sign-up and represent your House on any event,
head to your Google Classroom or see Mr. Hillier





This week, we've had the pleasure of reflecting on our 100% Club celebrations for all year groups.

This week, we celebrated the achievements of **Years 7, 8, 9, and 10** for their outstanding commitment to school life. Each of these students earned their **Golden Envelopes** by showing **100% attendance, always completing their homework**, and having **no sanctions**.

These students truly represent the dedication and hard work we value.

A huge congratulations to everyone who earned this incredible accolade! Remember, the stats reset for **Terms 5 & 6**, so let's keep up the effort in the next term.



What Parents & Educators Need to Know about

INSTAGRAM

AGE RESTRICTION
13+

Instagram remains one of the world's most popular social media platforms, especially among teens – with around 70% of 13 to 17-year-olds using it. Owned by Meta, Instagram allows users to share photos and videos, create interactive 'stories', broadcast live, send private messages and follow others. With regular updates and new features, it's essential for parents and educators to stay informed about how children are using the app – and what the risks are.

WHAT ARE THE RISKS?

EXCESSIVE SCREEN TIME

Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.

AI CHATBOT CONCERNS

Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can blur boundaries for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Privacy issues also arise, as conversations may not be as secure or private as children assume.

RISKS OF GOING LIVE

The live stream feature allows real-time broadcasting to followers – or anyone, if the account is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may also post offensive or harmful comments during live sessions.

THREADS INTEGRATION

Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.

SCHEDULED MESSAGING

Instagram's newer ability to schedule direct messages means that children could receive messages late at night or early in the morning. This can disrupt their sleep or keep them preoccupied before the school day even begins.

EXCLUSION AND LOW SELF-WORTH

Feeling left out online can have a real emotional impact. Being left out of photos, receiving fewer likes, being unfollowed, or being ignored in chats and comments can leave children feeling excluded, which often hurts as much as in real life. There is a risk this can lead to reduced self-esteem and a sense of not belonging.

Advice for Parents & Educators

USE INSTAGRAM'S SUPERVISION TOOLS

Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Specialised 'teen accounts' are private by default and offer controls on who can message them. Make sure that children use their real age when registering their accounts to ensure they have these protections.

OPEN UP THE CONVERSATION

Talk regularly to the children in your care about what they enjoy on Instagram – and what makes them uncomfortable. Encourage honest chats about filters, body image, and online approval. Reassure them that they don't need to edit their appearance or chase 'likes' to feel valued.

SET BOUNDARIES FOR THREADS AND AI

Parental controls on Instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss AI features, too, therefore helping children understand that chatbots aren't real people and should be used with care.

BE MEDIA-SAVVY WITH INFLUENCERS

Parents should follow a few of the influencers their child watches, so they can better understand the content they're seeing. Use this as a springboard to talk about the difference between genuine recommendations and paid promotions – and how online personalities can shape opinions and behaviour.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College



PE @ The Howard School



What's been going on?



What are we currently offering as extra curricular?

Monday	Tuesday	Wednesday	Thursday	Friday
K54 Intervention	Year 8 & 9 Football 	Rugby Year 9 	Boxing All years 	Basketball Years 11 - 13 
Football Years 7 	Gym Years 9 - 13 	Gym Years 9 - 13 	Rugby Years 7 & 8 	Gym Years 9 - 13 
Gym Years 9 - 13 		Basketball Years 7 & 8 	Basketball Year 9 & 10 	
		Table Tennis All Years 	Gym Years 9 - 13 	



Shout out the Yr 7 Rugby Team & the Year 8 Rugby Team





PE @ The Howard School



Recent Results



Year 8 Rugby 3rd in Swale Cup

Year 8 swale Cup- The year 8 students set out for their second time in the competition hoping to improve from last years result. The lads started off with a convincing victory over Sittingbourne followed by another good performance against Westlands. Their 3rd game came against a physical Fulston Manor where we managed to hold onto a 3-2 win . With 3 wins, the boys came against a tough Borden Grammar side who showed real skill unlocking the Howard defence. With the final game coming against QE the boys knew they had to win to guarantee top 3. Unfortunately the boys were unable to get the better of QE who won very convincingly. However, due to results in other games the boys were able to score 3rd in the competition which meant a massive improvement from last year.

Huge congrats to the lads for digging in and showing huge improvement in skill this year.

Massive shout out to FE, AC, RB, HM and JJC who had very impressive tournaments. Well done

boys 🏈👏



Year 9 Football v Rainham

Mark - Quarter Final

Our year 9s faced Rainham Mark for the second time this half term after a disappointing 1 nil defeat in the previous fixture. The boys were confident going into the game as we have been playing well this year. On a difficult pitch, the boys played the conditions very well and saw themselves coming in at half time with a 2 nil lead. Rainham Mark struck back early in the second half to reduce their deficit but the game finished 2-1 Both goals from NA – Shout outs to LW, RN, NA and DM who stood out.





PE @ The Howard School

Recent Results



Year 10 Football v Leigh Rainham



The Year 10 team travelled to Leigh Academy for the chance to book themselves into the district cup final. The boys were under pressure early on in the game after an early penalty for Leigh Academy saw them take a 1 nil lead. The boys battled well but saw themselves 2-1 down at half time. Knowing a spot in the final was up for grabs the boys improved in the second half and SG grabbed his second goal of the game. Penalties were the outcome. With the final score finishing 2-2 the boys had to hold their nerve during a penalty shootout. They managed to do it and came out victorious – 5 – 4 after penalties. Well done boys! We wait to see who our opponents are for the final! MOM JT & JC

Year 8 Football v Rainham Mark

Our Yr 8 boys travelled down for their second fixture against Rainham Mark in recent weeks. This was the first round of the district cup and the boys were hoping to flip the recent result where they had lost 2-1. The game didn't start how the boys had wanted it to, they saw themselves 1 nil down within 10 seconds. However, after this early set back the boys performed really well and walked away with a 5-1 win. Goal scorers were:



PE @ The Howard School

Recent Results



Year 10 Football v Victory Academy



This week saw the end of Term 5 football for our boys – The week finished with our Year 10 boys taking on Victory Academy, knowing that a win would secure the district division title. The boys made sure that they won the title in style with some lovely patterns of play and also some great goals (and some questionable chances missed MM/FM). In a routine performance the boys played with confidence on the ball, moved the ball when they needed to and were mostly clinical throughout the game. SG bagged himself 4 goals, with MM and JR contributing with a goal each. This team has now been playing together for a number of years, with minimal changes made and this can now be seen through their ability to play as a group and execute the tactics of Mr Saunderson.



PE @ The Howard School



Year 7/8 Dodgeball @ Medway Park



The Howard School were awarded a fair play award in a recent SSG dodgeball event which was rewarded with an entry into a Kent Schools dodgeball event at Medway Park involving schools from all over Kent. The students had an amazing day showcasing true skill in the sport as well as learning new skills of teamwork, communication, leadership and also making new friendships. You truly did represent the school very well in the way that you performed as well as how you conducted yourself throughout the day! The boys walked away with an impressive 7 wins and 1 loss. Well done to you all.





PE @ The Howard School

Year 7 Swale Cup Success



The culmination of the Year 7 Rugby season was the opportunity to take part in the Year 7 Swale Cup. This is an annual event involving other schools in the local area where emerging schools, get to compete in a competitive rugby tournament. In previous years, The Howard School have competed really well in most age groups and the Year 7s were keen to build on this. The day saw the boys perform at a really high level which saw them with a number of convincing wins, notably a 10-0 and 9-2 win. Our boys were victorious on the day! Continuing our impressive showing within the tournament! Now they have the opportunity to defend their shield next year in the same tournament. Well done boys! 1st place! Enjoy it.





PE @ The Howard School



Calling all Students, Parents and Guardians

We are always on the look out for kit donations. If you have any of the following at home that are old, don't fit or you simply don't use, we would love to add them to our spare kit selection.



- Trainers
- Astroturf trainers
- Football Boots



- Old PE Kit (Shorts, Polo, Purple Tops, Blue Jumpers)



Please feel free to
drop them into the
PE office or hand
to your PE teacher



1

DEFINITION OF A CHILD

2

NO DISCRIMINATION

3

BEST INTERESTS OF THE CHILD

4

MAKING RIGHTS REAL

5

FAMILY GUIDANCE AS CHILDREN DEVELOP

6

LIFE, SURVIVAL AND DEVELOPMENT

7

NAME AND NATIONALITY

8

IDENTITY

9

KEEPING FAMILIES TOGETHER

10

CONTACT WITH PARENTS ACROSS COUNTRIES

11

PROTECTION FROM KIDNAPPING

12

RESPECT FOR CHILDREN'S VIEWS

13


SHARING THOUGHTS FREELY

14

FREEDOM OF THOUGHT AND RELIGION

15

SETTING UP OR JOINING GROUPS

16

PROTECTION OF PRIVACY

17

ACCESS TO INFORMATION

18

RESPONSIBILITY OF PARENTS

19

PROTECTION FROM VIOLENCE

20

CHILDREN WITHOUT FAMILIES

21

CHILDREN WHO ARE ADOPTED

22

REFUGEE CHILDREN

23

CHILDREN WITH DISABILITIES

24

HEALTH, WATER, FOOD, ENVIRONMENT

25

REVIEW OF A CHILD'S PLACEMENT

26

SOCIAL AND ECONOMIC HELP

27


FOOD, CLOTHING, A SAFE HOME

28

ACCESS TO EDUCATION

29

AIMS OF EDUCATION

30

MINORITY CULTURE, LANGUAGE AND RELIGION

31

REST, PLAY, CULTURE, ARTS

32

PROTECTION FROM HARMFUL WORK

33

PROTECTION FROM HARMFUL DRUGS

34

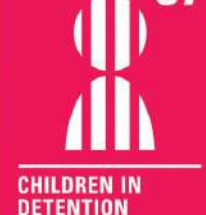
PROTECTION FROM SEXUAL ABUSE

35

PREVENTION OF SALE AND TRAFFICKING

36

PROTECTION FROM EXPLOITATION

37

CHILDREN IN DETENTION

38

PROTECTION IN WAR

39

RECOVERY AND REINTEGRATION

40

CHILDREN WHO BREAK THE LAW

41

BEST LAW FOR CHILDREN APPLIES

42

EVERYONE MUST KNOW CHILDREN'S RIGHTS

43-54

HOW THE CONVENTION WORKS

CONVENTION ON THE RIGHTS OF THE CHILD



The Howard
School

Hire our facilities

Scan to book



- Table Tennis Centre
- Sports Hall
- Grass Pitches
- Gymnasium
- Dance/Drama Studios
- Changing Rooms
- School Hall/Classrooms

Opening Hours:

Mon to Fri: 16:30 - 22:00

Sat: 08:00 - 23:00

Sun: 08:00 - 20:00

To Book

www.howard.schoolhire.co.uk

GOLDEN TICKET

During each lesson, our students have the opportunity to receive a Golden Ticket. This Golden Ticket can be received for going 'above-and-beyond' during the lesson. These Golden Tickets are collected in our Main Reception and a portion of the ticket is also taken home so parents/carers can recognise this immense achievement as well.

The tickets are collected in boxes in each of the students Houses and tallied at the end of the academic year. The House that collects the most gets points added to the House Championship total for their House as they compete for the Laurel Cup.

But it doesn't stop there!

At the end of the academic year, all of the Golden Tickets will also be collected by Year Group where a Prize Draw will take place. Each year group were asked what they would like the opportunity to win, and the prizes by year group are listed below. The more Golden Tickets each student receives, the greater their opportunity is to win! Good luck!

Year 7



£200 bike

2 x £100
Amazon
Vouchers



Year 8

*voted for 2 winners

Year 9



£200 JD
Voucher

£200
Amazon
Voucher



Year 10

Year 11



PlayStation 5

This initiative would not be possible without the support from our good friends at 'Camfil'.





Meet Your Head of House



Mr. Edwards

Ms. Samuels

Ms. Anglin

Mr. Dunn

Ms. Mulrooney



ATTBOROUGH



HAWKING



PANKHURST



TULL



TURING

ATTBOROUGH

HAWKING

DEEDS NOT WORDS

PANKHURST

TULL

TURING

MedwayGo Easter Programme

Book a range of activities, from sports, swimming, theatre workshops, outdoor pursuits and more!

Monday, 14 April
Tuesday, 15 April
Wednesday, 16 April
Thursday, 17 April

Bookings open on
Monday, 17 March



GO.MEDWAY.GOV.UK

MedwayGo

A BETTER MEDWAY



Medway
Serving You



TURING



Mr. J Johal - Principal
johalj@thehowardschool.co.uk
01634 388765 ext. 3004