



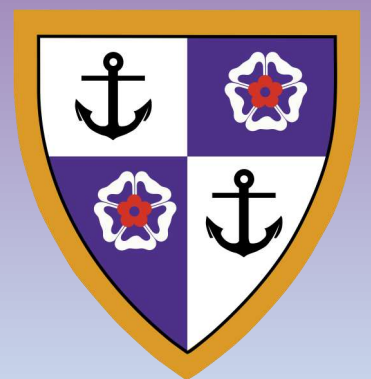
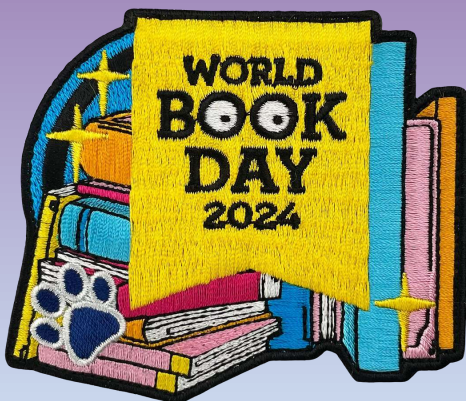
The Howard School

Newsletter

Leadership, Organisation, Resilience, Initiative, Communication

In this issue:

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- ◇ Campaign for Nuclear Disarmament
- ◇ Celebrating World Book Day
- ◇ Valencia School Trip
- ◇ Mr. Cooper's Marathon Marvel
- ◇ Beat the Teacher



Welcome



Mr. Edwards
Associate Deputy Headteacher

Welcome to this week's newsletter.

I'm Scott Edwards, Associate Deputy Headteacher and in this week's newsletter I'd like to take the opportunity to celebrate our Sixth Form and our new initiative 'the Sixth Form leadership Programme'. Our high achieving mixed Sixth Form continues to be extremely popular with current and external students with over 250 students on roll which includes 40 girls and in excess 180 first choice applications received for a place in September 2024. We are currently in the process of interviewing our applicants, so if you are yet to apply and wish to be considered for a place, please do contact the main reception who will be happy to add you to our waiting list.

At the start of the academic year Mrs Webb (Head of Criminology) took the lead for setting up 'the Sixth Form Leadership Programme' which was launched to Year 12 students. So far 12A, 12B and 12C have completed the project which see's students evidencing their leadership skills, ranging from; positively influencing the school community, acting as a classroom assistant to support KS3/4 learning, lead a project to raise awareness and change attitudes, support extra-curricular clubs or support the local community outside of school. We are very proud of the way in which all students have immersed themselves into this project and the positive contribution it is having on the school environment. We look forward to the contribution 12D, 12E and 12F will make over the remaining terms.

I would also like to take this opportunity to remind you of the forthcoming mock examinations dates for Year 11 and 6 th form and to wish all students the very best of luck.



Campaign for Nuclear Disarmament

It has been a busy week for the RE department with Year 10 GCSE RS students having a guest speaker from the Campaign for Nuclear Disarmament (CND). As part of their RE GCSE students have to explore arguments for and against weapons of mass destruction. Students learned about their power, British perspectives and their use in previous conflict. We learned about countries that have disarmed as well as countries and organisations who are for and against them.

The RE department would also like to shout out their GCSE Year 11 students, many of whom have consistently been attending breakfast revision sessions on Fridays. Their commitments to their studies is commendable and they are always in such high spirits despite the earlier start.



Religious Education



Celebrate World Book Day

The Howard School orchestrated a triumphant celebration for World Book Day, fostering a vibrant literary atmosphere. The day commenced with enthusiastic students adorned as beloved characters from literature, infusing the site with an aura of creativity and imagination. Diverse activities unfolded throughout the day, including captivating book readings by passionate educators, engaging discussions on literary themes, and interactive storytelling sessions that ignited young minds. The school's library transformed into a hub of exploration, inviting students to embark on literary adventures. Through collaborative efforts and unwavering enthusiasm, The Howard School cultivated a profound appreciation for literature, leaving an indelible mark on World Book Day.



VALENCIA

Recap of Our Spanish Students' Thrilling Adventures in Valencia!

Our Spanish students embarked on an unforgettable journey in Valencia, brimming with excitement, exploration, and discovery!

Day 1: Upon arrival from Heathrow Airport, they dove headfirst into Valencia's rich heritage, exploring the historic town. They visited the prestigious silk museum, 'Lonja de la Seda,' and marveled at the grandeur of Catedral de Valencia, soaking in centuries of history. The day culminated with free time for shopping, sightseeing, and immersing themselves in Valencia's vibrant atmosphere.

Day 2: The adventure continued as our students ventured to L'Oceanogràfic, where they delved into the wonders of marine life, learning about conservation and preservation efforts. In the afternoon, they explored El Museu de les Ciències Príncepe Felipe, indulging in interactive science exhibits and a captivating Disney Pixar showcase.

Day 3: The exploration reached new depths as our students navigated the ancient caves of San Jose, marveling at nature's wonders. They then explored Valencia's Central Market, savoring traditional delights from one of the world's oldest indoor markets. The day concluded with a mesmerizing BBC Earth 3D documentary on Arctic dinosaurs, igniting their curiosity and imagination.

Each moment was filled with laughter, learning, and cultural immersion, creating memories to last a lifetime. Here's to more adventures and discoveries ahead!





VALENCIA

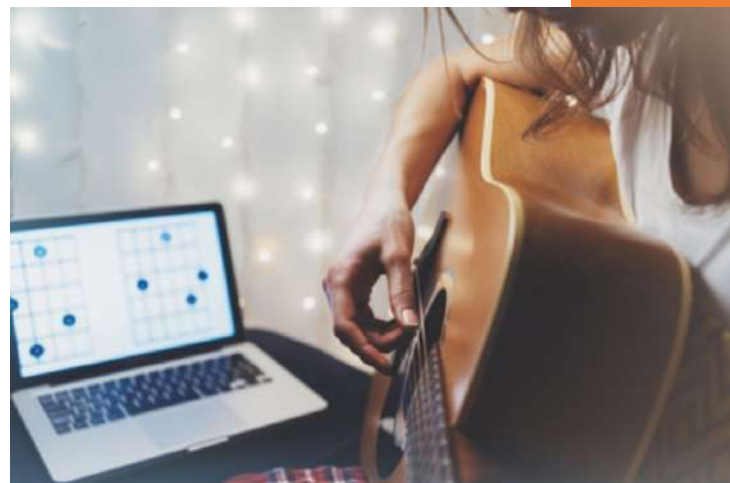
Easter Music Courses 2024

2nd - 4th April

Rainham Mark Grammar School

For more details and to apply visit
www.medwaymusicassociation.co.uk

For any enquiries
info@medwaymusicassociation.co.uk



- > Free
- > Online
- > Music Technology Courses

easter.hols

Friday 5th April 2024
For ages 9-18

Beginner and Intermediate Courses

Learning production techniques and how to make
music electronically


For full details and to apply visit

www.medwaymusicassociation.co.uk





43-54



HOW THE CONVENTION WORKS

CONVENTION ON THE RIGHTS OF THE CHILD

Have a concern about a student?

Need some help or advice? People you can talk to:



Pastoral Manager

Ms. McComas

Deputy Safeguarding Lead



Deputy Head Teacher

Mr. Green

Safeguarding Lead



Assistant Head Teacher SENCo

Mrs. Deakin

Deputy Safeguarding Lead



Senior Head of Year

Ms. Ali

Safeguarding Officer



Mrs. Parish

Safeguarding Officer



Senior Head of Year

Mr. Longe

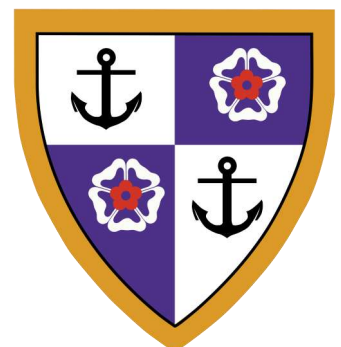
Safeguarding Officer

Have a concern you would like to raise or discuss?

Visitors: please email greens@thehowardschool.co.uk

Howard School Staff: report on our internal reporting system

Students: contact any member of the safeguarding team



01634 388765 | www.thehoward-that.org.uk | office@thehowardschool.co.uk

MR. COOPER'S MARATHON MARVEL:

Racing to Smash Barriers & Unite Abilities with Phab Kids!

Our PE Teacher Mr Cooper is running the TCS 2024 London Marathon on behalf of Phab Kids! Phab Kids enable people of all abilities to make more of life together - breaking down community barriers, reducing social isolation, and creating opportunities for disabled and non-disabled people to enjoy the same activities and challenges side by side. A network of 140 Phab Clubs across England and Wales for children, young people and adults with disabilities, providing regular social activities and friendship for 8,000 members.



Use the QR Code below to see Mr Cooper's page to find out more!!





BEAT THE TEACHERS

With inspiration taken from ITV's game show 'Beat The Chasers' - a spin-off of their daytime game show, 'The Chase' - this term, students from all year groups have the opportunity to pit their knowledge against that of their teachers! Students and teachers alike will compete against one another racing against their own clock to answer questions correctly before their time runs out. Students and teachers will be asked questions taken from a bank of pre-prepared questions that come from students' specific year group's curriculum that Heads of Department have worked extremely hard to create and collate!

Some of the questions include:

Question: Probability is measure on a scale of 0 to what? **A. 1**

Question: In the 'Diary of a Wimpy Kid' books, what is the name of Greg's older brother? **A. Rodrick**

Question: What are the names of the 2 lenses in a microscope?
A. Eye piece lens, Objective lens





Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

The Emotional Wellbeing Teams in Kent and Emotional Support Teams in Medway are offering an online workshop for students in schools focusing on managing stress and anxiety related to exams and coursework.

The workshop aims to help young people handle these pressures and is conducted online for accessibility. It is designed to benefit all participants, addressing both mental and physical health aspects, and is inclusive of all students, regardless of their current mental

health status. Parents are encouraged to participate, and the workshop allows flexible participation, respecting the diverse comfort levels of attendees.

Workshop Purpose: The primary goal of the workshop is to help young people manage stress and anxiety associated with exams and coursework.

Online Format: The workshop is conducted online, making it accessible and convenient for students. This format is likely chosen to accommodate the current trends in remote learning and to reach a broader audience.

Universal Nature: The workshops are universal and so are designed to benefit all participants. And therefore the content is relevant and helpful for anyone regardless of their current mental health status.

Comparison to Physical Health Talks: The workshops will also discuss physical health, specifically mentioning discussions on healthy eating and exercise. Highlighting the importance of mental well-being as being just as significant as physical health.

Inclusivity: All students are welcome to join! The workshop is not limited to students who are already experiencing significant stress or anxiety but is open to all who may benefit.

Parental Involvement: Parents are encouraged to join with their child. This collaborative approach may enhance the effectiveness of the workshop.

Flexible Participation: Students can attend with cameras and mics off, and the assurance that they do not need to speak during the workshop, acknowledges and respects the diverse comfort levels of participants. This approach aims to create a safe and non-judgmental space.

NELFT



NHS Foundation Trust

Best care by the best people



Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

Online Workshops

These workshops are aimed at supporting young people and parents/carers of young people in secondary school.

Understanding Your Amazing Teenage Brain

Wednesday 28th February 5-6.30pm

Parents/carers and young people are invited to a workshop **Understanding Your Teenage Brain**. It will help you to understand **your amazing brains** and **the changes that come with adolescence**. We will also discuss **strategies that you can use** to improve communication and understanding between you and to regulate emotions.

If you would like to join, please **ctrl + click the link below** or by entering the **Meeting ID and Passcode** within Teams:

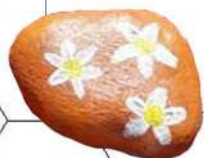
[Join the meeting now](#)

Meeting ID: 316 555 118 953

Passcode: 5haVdv

You do not need an account to join. You will need access to the internet. If you have any questions, please speak with your school.

We look forward to meeting you!





Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

Online Parent Workshops

Aimed at parents of children in secondary school

Understanding ADHD in Children

Thursday 7th March 5.30-7.30pm

Do you have **questions about ADHD?** Maybe your child has received a **diagnosis**. Would you like to come and **meet with other parents and carers** and learn about ways to **support your child?**

You are invited to a **workshop about understanding symptoms of ADHD**. We also discuss **helpful strategies that you can use at home** to help support your child.

If you would like to join, please **ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:**

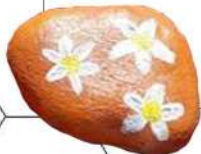
[Click here to join the meeting](#)

Meeting ID: 365 859 064 700

Passcode: 9qZapp

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools.

We look forward to meeting you.





Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

Online Workshops

These workshops are aimed at supporting young people and parents/carers of young people in secondary school.

Less Stress Guide to Exams

Wednesday 20th March

5-6pm

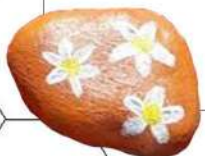
Are you currently experiencing **difficulties with exam stress?** Would you like to learn more about **what anxiety is** and **how to best to prepare for exams?**

You are invited to a workshop **exam stress**. It will help you to understand **what causes anxiety**. We will also discuss **techniques that you can use** to overcome anxiety for exams and coursework.

If you would like to join, please **let your school know** and they will send you the Microsoft Teams link.

You do not need an account to join. You will need access to the internet. If you have any questions, please speak with your school.

We look forward to meeting you!





Mr. J Johal - Head of School
johalj@thehowardschool.co.uk

Mr. J Knights - Rewards Lead
knightsj@thehowardschool.co.uk

