

Lunch Week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Crispy Chicken Burger with Seasoned Wedges, Slaw, BBQ Beans	Beef Chilli with Spicy Rice, Green Salad, Nachos	Roast Gammon with Roast Potatoes, Carrots, Peas	Battered Fish with Chips, Peas, Baked Beans	Chicken Tikka Masala With Pilaf Rice
Plant Based / Vegetarian Main Meal	Veggie Burger with Seasoned Wedges, Slaw, BBQ Beans	Vegetable Chilli with Spicy Rice, Green Salad, Nachos	Quorn Roast Fillet with Roast Potatoes, Carrots, Peas	Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans	Sweet Potato & Chic pea Curry With Pilaf Rice
Street Food	Southern Fried Chicken Wrap	Chicken Burrito	Folded Tikka Naan	Pulled Pork & Stuffing Wrap	Friday Grab N Go Brunch
Takeaway Tubs	Penne Arrabiata or Tomato & Chorizo	Penne Arrabiata or Tomato & Mascarpone	Penne Arrabiata or Chicken & Tomato	Penne Arrabiata or Mac & Cheese	Penne Arrabiata
Pizza Slice	Margherita or Pepperoni	Margherita or American Hot	Margherita or Chicken & Sweetcorn	Margherita or Ham & Tomato	Margherita or BBQ Chicken
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Jam Sponge with Custard	Chocolate Brownie	Apple Crumble & Custard	Ice Cream	Cookie Selection



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.



Lunch Week 2

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Ragu with Diced Herb Potatoes, Sweetcorn, Penne Pasta	Katsu Chicken Curry with Coconut Rice, Potato Wedges, Slaw	Roast Chicken with Roast Potatoes, Carrots, Broccoli	Battered Fish with Chips, Peas, Baked Beans	Pulled Pork With Cajun Wedges, Slaw & BBQ Beans
Plant Based / Vegetarian Main Meal	Vegetable Chilli with Diced Herb Potatoes, Sweetcorn, Penne Pasta	Spinich & Lental Curry with Coconut Rice, Potato Wedges, Slaw	Quorn Roast Fillet with Roast Potatoes, Carrots, Broccoli	Mac & Cheese with Cajun Fries, Slaw, Baked Beans	Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans
Street Food	Southern Fried Chicken Wrap	Chicken Burrito	Folded Tikka Naan	Pulled Pork & Stuffing Wrap	Friday Grab N Go Offer
Takeaway Tubs	Penne Arrabiata or Tomato & Chorizo	Penne Arrabiata or Bolognaise	Penne Arrabiata or Chicken & Tomato	Penne Arrabiata or Mac & Cheese	Penne Pasta Bolognaise
Pizza Slice	Margherita or Pepperoni	Margherita or Ham & Tomato	Margherita or Chicken & Sweetcorn	Margherita or American Hot	Margherita or BBQ Chicken
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Chocolate Sponge	Flapjack	Apple Crumble & Custard	Lemon Shortbread	Fruit or Yoghurt Pot



Meal Deal

Main Meal
with vegetables
and dessert



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sandwiches & desserts
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Lunch Week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Piri Piri Chicken with Patatas Bravas, Spicy Rice, Peas	Beef Lasagne with Green Salad, Garlic Bread, Slaw	Sticky Chicken with Noodles, Broccoli, Steamed Coconut Rice	Battered Fish with Chips, Peas, Baked Beans	Pasta Bolognese with Garlic Bread, Peas
Plant Based / Vegetarian Main Meal	Quorn Chilli Burrito with Patatas Bravas, Spicy Rice, Peas	Vegetable Lasagne with Green Salad, Garlic Bread, Slaw	Vegetable Red Thai Curry with Noodles, Broccoli, Steamed Coconut Rice	Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans	Vegetable Sausage, with Roasted Vegetables
Street Food	Southern Fried Chicken Wrap	Chicken Burrito	Folded Tikka Naan	Pulled Pork Bap	Friday Brunch Grab N Go
Takeaway Tubs	Penne Arrabiata or Tomato & Chorizo	Penne Arrabiata or Tomato & Mascarpone	Penne Arrabiata or Chicken & Tomato	Penne Arrabiata or Mac & Cheese	Penne Arrabiata Herby Tomato
Pizza Slice	Margherita or Pepperoni	Margherita or Ham & Tomato	Margherita or Chicken & Sweetcorn	Margherita or American Hot	Margherita or BBQ Chicken
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Iced Chocolate Sponge	Baked Fruit Flapjack	Lemon Drizzle Cake	Iced Sponge	Chocolate Doughnut



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.

