Lunch Week 1

All our ingredients are locally sourced and delivered fresh by local suppliers.

Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

Monday

Tuesday

Nednesday

Thursday

Friday

Main Meal

Plant Based

/ Vegetarian

Main Meal

Street Food

Jacket

Potato

Desserts

Crispy Chicken Burger with Seasoned Wedges, Slaw, BBQ Beans

Veggie Burger with Seasoned Wedges, with Slaw. BBQ Beans

Southern Fried Chicken Wrap

Takeaway
Tubs
Penne Arrabiata
or
Tomato & Chorizo

Pizza Margherita or Slice Pepperoni

Available daily with a range of delicious fillings

Jam Sponge with Custard

Beef Chilli with Spicy Rice, Green Salad, Nachos

Vegetable Chilli with Spicy Rice, Green Salad, Nachos

Chicken Burrito

Penne Arrabiata or
Tomato & Mascarpone

Margherita *or* Ham & Tomato

Available daily with a range of delicious fillings

Chocolate Brownie

Roast Gammon with Roast Potatoes, Carrots, Peas

Quorn Roast Fillet with Roast Potatoes, Carrots, Peas

Folded Tikka Naan

Penne Arrabiata or Chicken & Tomato

Margherita

or

Chicken & Sweetcorn

Available daily with a range of delicious fillings

Apple Crumble & Custard

Battered Fish with Chips, Peas, Baked Beans

Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans

Pulled Pork & Stuffing Wrap

Penne Arrabiata or Mac & Cheese

> Margherita *or* American Hot

Available daily with a range of delicious fillings

Ice Cream

Chicken Tikka Masala With Pilaf Rice

Sweet Potato & Chic pea Curry
With Pilaf Rice

Friday Grab N Go Brunch

Penne Arrabiata

Margherita *or* BBQ Chicken

Available daily with a range of delicious fillings

Cookie Selection



Meal Deal

Main Meal with vegetables and dessert



All of sandw are fre site ev

All of our main meals, sandwiches & desserts are freshly made on site every day.



Lunch Neek 2

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Main Meal

Plant Based

/ Vegetarian

Main Meal

Street Food

with Diced Herb Potatoes. Sweetcorn, Penne Pasta

Vegetable Chilli with

Southern Fried Chicken Wrap

Takeaway Tubs

> Pizza Slice

Jacket Potato

Desserts

Beef Ragu

Diced Herb Potatoes. Sweetcorn, Penne Pasta

Penne Arrabiata or Tomato & Chorizo

> Margherita or Pepperoni

Available daily with a range of delicious fillinas

Chocolate Sponge

Katsu Chicken Curry with Coconut Rice. Potato Wedges, Slaw

Spinich & Lental Curry with Coconut Rice, Potato Wedges, Slaw

Chicken Burrito

Penne Arrabiata Bolognaise

Margherita or Ham & Tomato

Available daily with a range of delicious fillings

Flapjack

Roast Chicken with Roast Potatoes. Carrots. Broccoli

Quorn Roast Fillet with Roast Potatoes, Carrots, Broccoli

Folded Tikka Naan

Penne Arrabiata Chicken & Tomato

Margherita or Chicken & Sweetcorn

Available daily with a range of delicious fillings

Apple Crumble & Custard

Battered Fish with Chips, Peas, Baked Beans

Mac & Cheese with Cajun Fries, Slaw, Baked Beans

Pulled Pork & Stuffing Wrap

Penne Arrabiata Mac & Cheese

Margherita or American Hot

Available daily with a range of delicious fillinas

Lemon Shortbread

Pulled Pork With Cajun Wedges, Slaw & BBQ Beans

Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans

Friday Grab N Go Offer

Penne Pasta Bolognaise

Margherita or **BBQ** Chicken

Available daily with a range of delicious fillinas

Fruit or Yoghurt Pot



with vegetables and dessert





All of our main meals. sandwiches & desserts are freshly made on site every day.



Lunch Neek 3

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Monday

Tuesday

Nednesolay

Thursday

Friday

Main Meal

Plant Based

/ Vegetarian

Main Meal

Street Food

Takeaway

Tubs

Pizza

Slice

Jacket

Potato

Desserts

Piri Piri Chicken with Patatas Bravas, Spicy Rice, Peas

Quorn Chilli Burrito Vegeta with Patatas Bravas, with G Spicy Rice, Peas Garlic I

Southern Fried Chicken Wrap

Penne Arrabiata or Tomato & Chorizo

Margherita or Pepperoni

Available daily with a range of delicious fillings

Iced Chocolate Sponge

Beef Lasagne with Green Salad, Garlic Bread, Slaw

Vegetable Lasagne with Green Salad, Garlic Bread, Slaw

Chicken Burrito

Penne Arrabiata or
Tomato & Mascarpone

Margherita *or* Ham & Tomato

Available daily with a range of delicious fillings

Baked Fruit Flapjack

Sticky Chicken with Noodles, Broccoli, Steamed Coconut Rice

Vegetable Red Thai Curry with Noodles, Broccoli, Steamed Coconut Rice

Folded Tikka Naan

Penne Arrabiata or
Chicken & Tomato

Margherita

or

Chicken & Sweetcorn

Available daily with a range of delicious fillings

Lemon Drizzle Cake

Battered Fish with Chips, Peas, Baked Beans

Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans

Pulled Pork Bap

Penne Arrabiata or Mac & Cheese

> Margherita *or* American Hot

Available daily with a range of delicious fillings

Iced Sponge

Pasta Bolognaise with Garlic Bread, Peas

Vegetable Sausage, with Roasted Vegetables

Friday Brunch Grab N Go

Penne Arrabiata

Herby Tomato

Margherita *or* BBQ Chicken

Available daily with a range of delicious fillings

Chocolate Doughnut



Men Den

Main Meal with vegetables and dessert





All of our main meals, sandwiches & desserts are freshly made on site every day.

