



GUIDE TO POST-16 OPTIONS

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Introduction

It is difficult at any age to know what career or job you want to go into, and helping advise and inform a young person about education and training pathways can be a real challenge.

This guide is designed to help you support a young person with their post-16 decisions, we will explain the different options available and provide useful websites for further reading.

At The Howard School, we strive to prepare our students for whatever future they wish to pursue. We are committed to providing high quality careers education, information, advice, guidance and work-related learning.

During Year 11, pupils must decide on the future of their education. The Governments recent Raising the Participation Age (RPA) means that all young people in England will be required to continue in full-time education or combining work and study until their 18th birthday.

All year 11 students will be given a 1-2-1 guidance interview with our careers advisor where they can discuss their options, ask questions and get support with applications.



MEET THE TEAM:



MR EDWARDS CAREERS LEAD



MRS MASON CAREERS ADVISOR

Full-Time Education

You could take a range of subjects that lead to various qualifications that keep your options open, like GCSE or A levels. Courses like T Levels or BTEC allow you to focus on a chosen career area like construction, healthcare science or digital careers. Some careers may ask for specific qualifications, so always do some research into where the course you are interested in might lead.

6th Form

Sixth forms typically focus on A-Level qualifications – two year courses that end in an overall examination and a grade from A*-E, with a similar structure to GCSEs but looking at the subject in a lot more depth.

Students studying A-Levels usually select three or four subjects (depending on their GCSE grades) that they want to study at sixth form.

Entry Requirements – Most sixth form colleges usually ask students to have 5 GCSEs at Grade 4 or above but make sure that you do your research as some courses, such as A Level Maths, Physics, Biology and Chemistry, require students to achieve a Grade 6 at GCSE in order to demonstrate their deeper understanding of the subject.







College

Colleges offer a whole range of different courses and study programmes from those that do not need any specific GCSE grades such as Entry Level courses through to apprenticeships, A Levels, Higher Education degrees, and professional or technical qualifications.







Qualifications Explained

A levels

Description: Carry on studying subjects you took for GCSE to a higher level, or pick new ones you may not have done before like economics, law or psychology. You could take 3 very different subjects you are

interested in to keep your career options open or choose more closely related subjects if you you need them for a specific career. **Duration:** 2 years

Assessment: Mostly exams at the end of the course

Entry requirements: Typically 5 GCSEs Grade 9-4 (usually including English and maths)

Leads to: University or college courses, higher and degree apprenticeships, work

T Levels

Description: Designed in partnership with employers to give you the skills and knowledge to get on in the workplace. You'll combine classroom learning with real work placements. 1 T Level is the equivalent of 3 A levels.

Duration: 2 years

Assessment: Exams, projects and practical assignments **Entry requirements:** Course dependent

Leads to: Work, higher and degree apprenticeships, college and university courses

Vocational and technical qualifications

Description: These courses teach you the practical skills and knowledge for a particular area of employment. They can prepare you for a broad employment sector, like engineering or travel and tourism, or for a specific job like a chef or a hairdresser. Qualifications which teach you how to do tasks specifically related to the industry and role you want to be involved in.

Duration: 1 or more years

Assessment: Can include coursework, skills tests and exams **Entry requirements:** Course dependent

Leads to: Apprenticeship, work, college or university



Applied qualifications

Description: Qualifications that give you a broad overview of working in a specific sector, like business, media, engineering, leisure or science and technology. A mix of classroom-based learning with the chance to get some practical skills.

Duration: Course dependent Assessment: Course dependent (coursework and exams) Entry requirements: Course dependent Leads to: University/college, apprenticeship, work

Exam retakes

Description: If you didn't get the results you wanted, you can resit some of your courses or sign up for some new qualifications.

Location: School sixth form, sixth form college or further education college

Duration: 1 year

Entry requirements: 16+

Leads to: Higher level or degree apprenticeship, further education, higher education, work



Combine Work & Study

Gain practical skills, get work experience and a qualification that employers need



Apprenticeships

Description: Intermediate, advanced higher and degree apprenticeships combine practical on-the-job skills training with offthe-job learning. You'll get training that is relevant to your job and be paid a salary. Start at a level to suit you, with support if you have special needs or a disability.

Location: You'll spend 80% of your time in the workplace and 20% offthe-job with some study in a college, training centre or Institute of Technology (IoT)

Duration: A minimum of 1 year

Entry requirements: Will be dependent on the industry, job role and apprenticeship level

Qualifications: apprenticeship certificate, diploma, degree and masters depending on level

Leads to: Work, next level of apprenticeship, further education, higher education

Traineeships

Description: A course that includes a work placement that will get you ready for an apprenticeship or a job. You'll get work experience and some help to apply for your next steps. You can also improve your maths and English skills. You'll get work experience and some help to apply for whatever you do next.

Location: You'll spend a minimum of 70 hours in a work placement with the rest of your time in college or a training centre

Duration: 6 weeks to 1 year

Entry requirements: You need to be aged between 16 to 24 or up to 25 with an Education Health and Care Plan with no higher than a level 3 qualification

Qualifications: English, maths, digital and work-related qualifications **Leads to:** Apprenticeship, further education, work

Supported internships

Description: Supported internships are for young people with learning difficulties or learning disabilities, who need extra support to get a job. Location: You'll spend most of your time on placements with an employer, learning skills for work. You'll also get help from a tutor and a job coach in college or with a specialist provider.

Duration: A minimum of 6 months

Entry requirements: Aged 16-24 with an Education Health and Care Plan **Qualifications:** GCSE English and maths

Leads to: Work, traineeship, apprenticeship

School leaver schemes

Description: A chance to learn and train with a large company while earning a wage. Offered in sectors like accountancy, engineering, finance, IT, law, leisure and retail. Similar to graduate employment schemes run over a longer period of time.

Location: You'll often rotate between different locations with the same company to get experience and it can include distance learning or time in college or university

Duration: 3 to 7 years

Entry requirements: Usually high grade A levels or equivalent and a keen interest in the sector you want to work in

Qualifications: A university degree and/or professional qualification **Leads to:** Professional employment



Thing to Consider...

What GCSE grades do you need?

What subjects do you enjoy now?

Is the learning environment right for you? What do students typically progress on to after completing the course?



What are you good at?

What do you enjoy? Hobbies/likes/int erests The future!!! (entry requirements for Uni or career goal)

Useful Websites

Careers information

https://nationalcareers.service.gov.uk/ provides careers advice and information on a wide range of jobs, training courses, resources and funding.
https://icould.com/ to explore lots of different careers and entry routes.
www.careerpilot.org.uk/ helps you plan your route, build a profile, find a provider and search job sectors. For A Levels, vocational qualifications, apprenticeships and more.

www.myworldofwork.co.uk/my-career-options/choosing-my-subjects can help you explore your options and find the career that's right for you. *https://successatschool.org/* search career paths, explore career zones to obtain lists of different jobs/sectors and how to get there (whether you're going to uni or not).

https://barclayslifeskills.com/ helps young people to understand and develop the key skills they need to go forward into the world of work. www.allaboutcareers.com/ gives information for 16-24 year olds looking for graduate schemes, graduate jobs, apprenticeships, placements & internships. www.ucas.com/further-education/post-16-qualifications gives lots of information on Post-16 education options

www.tlevels.gov.uk/ gives more information on the new T Levels.

Specific sector information

Explore careers within the Health Sector using **www.healthcareers.nhs.uk/** and **www.stepintothenhs.nhs.uk/**

Explore careers within the Construction Industry using **www.goconstruct.org/** Explore careers within Engineering using **www.tomorrowsengineers.org.uk/** For an apprenticeship in Technology, Project Management or Business then look at **www.qa.com/learners/become-an-apprentice/**

Apprenticeships

www.gov.uk/apply-apprenticeship and www.gov.uk/find-traineeship

enables you to search and apply online for apprenticeship and traineeship opportunities.

For more information on apprenticeships check out

www.apprenticeshipguide.co.uk/ which gives information on the different types of apprenticeships and also helps to find the right one for you, either through a school subject you enjoy or by choosing what you are interested in (e.g. – working with people, working outdoors, etc.).

https://amazingapprenticeships.com/parents/ gives lots of apprenticeship resources for students, parents and schools. Use 'Vacancy Snapshot' which provides useful information on well-known employers which may help you with your application

The UK's leading job resource for young people seeking apprenticeships is **www.ratemyapprenticeship.co.uk/**

www.getmyfirstjob.co.uk/ gives information on apprenticeship, traineeship

opportunities, advice articles and industry guides.

Higher Apprenticeships

You can also access information on 'Higher and Degree' apprenticeships through www.ucas.com and www.prospects.ac.uk/jobs-and-workexperience/apprenticeships/degree-apprenticeships.

Volunteering

For more information on volunteering opportunities check out *https://vinspired.com/ https://do-it.org/ www.ncvo.org.uk/.*

The National Citizen Service **(https://wearencs.com/summercan)** also be a really good way for 15-17 year olds to develop their skills and experiences.

Other support

www.suttontrust.com/ is an educational charity in the United Kingdom which aims to improve social mobility and address educational disadvantages.

www.shaw-trust.org.uk/ supports disabled and disadvantaged people to prepare for work, find jobs and live more independently.

www.princes-trust.org.uk/help-for-young-people gives you the skills, tools, training and confidence you need to secure the job you want.

SOME OF THE COMPANIES WE WORK WITH:



We are keen to hear your thoughts about our careers programme and any ideas or suggestions you may have about how it could be developed. Please also feel free to get in touch if you would like to support any of our careers events.



The Howard School Derwent Way Rainham ME8 0BX 01634 388765 masonk@thehowardschool.co.uk